

# Eggs

## Healthy Start 22

Egg White Omelet, Roasted Kale, Avocado, Farmers Cheese, Pico de Gallo, Sliced Roasted Turkey Breast

## 3 Egg Omelet 23

With Your Choice Of:  
Ham, Bacon, Sausage, Chorizo, Smoked Salmon, Bell Peppers, Onion, Tomato, Baby Spinach, Cheddar Cheese, American Cheese, Pepper Jack Cheese

## The Reg 20

Two Eggs Any Style, Choice of Bacon, Sausage, or Brined Turkey Breast, Breakfast Potatoes, Toast

## Eggs Cheval 25

Two Fresh Farm Eggs Any Style, Seared Medallions of Angus Beef Tenderloin, Mushroom Medley, Sauce Béarnaise, House Breakfast Potatoes

## Frittata 20

Baked Farm Egg Frittata, Organic Spinach, New Potatoes, Wilted Onion, Iberico Chorizo

## Toasted Bagel Sandwich 16

Pan Fried Fresh Farm Egg, Thinly Sliced Smoked Ham, American Cheese, Organic Tomato, Dijonaise Spread

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## Breakfast Favorites

Avocado Toast 20

Thick Cut Toasted Whole Grain Bread,  
Smashed Avocado, Sea Salt, Marinated  
Tomatoes, Served With Two Eggs Any Style

Belgian Waffle 19

Crispy on the Outside, Soft on the  
Inside, Sweet Vanilla Butter, Maple  
Syrup, Mixed Berry Compote

Warm Power Bowl 21

Quinoa, Two Eggs, Roasted Turkey  
Breast and Foraged Mushrooms

Old Fashioned Rolled Oats 11

Almond Milk, Greek Yogurt  
and Seasonal Fruit

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## Fresh Pressed Juices

Pineapple Apricot Nectar  
Mango Orange Mint  
Concord Grape

9

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## Juices

Apple  
Grapefruit  
Cranberry  
Orange

4

